

Developmental Milestone	Social-Emotional	Cognitive	Physical
18-24 Months	<ul style="list-style-type: none"> <li>• Learning self confidence and self control</li> <li>• Often shy</li> <li>• May tantrum due to an inability to communicate</li> </ul>	<ul style="list-style-type: none"> <li>• Needs lots of repetition and one-on-one attention for learning</li> <li>• Understands simple one-step directions (may need help in executing directions)</li> <li>• Limited attention span</li> <li>• Able to memorize simple songs and games</li> <li>• Uses their bodies and senses to interpret new information</li> </ul>	<ul style="list-style-type: none"> <li>• Working on developing gross motor skills such as walking, running, squatting</li> <li>• Limited ability to throw, kick and roll balls</li> <li>• Learning balancing movements</li> </ul>
24-36 Months	<ul style="list-style-type: none"> <li>• Shy</li> <li>• Plays alongside peers rather than with peers</li> <li>• Possessive (doesn't fully understand the concept of sharing)</li> <li>• Easily frustrated</li> <li>• Needs transitions from one activity to the next</li> </ul>	<ul style="list-style-type: none"> <li>• Increased curiosity and understanding of how things work, asks a lot of questions</li> <li>• Improved memory, can follow 2-step directions (will still need help with execution)</li> <li>• Improved language</li> <li>• Building sense of independence</li> <li>• Counts</li> <li>• Better sense of self control, though still impulsive</li> </ul>	<ul style="list-style-type: none"> <li>• Can walk up and down stairs</li> <li>• Can walk on tip toes</li> <li>• Can walk backwards, kick a ball forwards</li> <li>• Hops on one foot</li> <li>• Can throw a ball overhead and attempt to catch large balls</li> <li>• Experiments through senses (touch, smell, etc)</li> </ul>
3-4 Years	<ul style="list-style-type: none"> <li>• Enjoys playing with other children</li> <li>• Increased importance of peer relations</li> <li>• Attention seeking</li> <li>• Loves to talk, be silly and tell jokes</li> <li>• May have jealous feelings</li> <li>• Begins to understand danger, so may be fearful</li> </ul>	<ul style="list-style-type: none"> <li>• Loves creative/dramatic play and learns best through using those means</li> <li>• Speaks in complex sentences and is able to understand more complex directions</li> <li>• Learning to initiate action</li> <li>• Has an increased desire to do things on their own</li> <li>• Becomes less impulsive</li> <li>• Has an eagerness for adventure, in imaginative and curious</li> </ul>	<ul style="list-style-type: none"> <li>• Mastering running kicking, throwing, hopping and jumping</li> <li>• Hops on one foot</li> <li>• Able to kick a ball forward with intention</li> </ul>
5 Years	<ul style="list-style-type: none"> <li>• Likes to try new things</li> <li>• Likes to show off, is often boasting and seeks approval from adults</li> <li>• Knows right from wrong</li> <li>• Understands sharing, but doesn't always want to share</li> <li>• May express anger and frustration physically</li> <li>• May be exclusive in terms of playing with others</li> <li>• May get embarrassed when they make a mistake</li> </ul>	<ul style="list-style-type: none"> <li>• Improved attention span and ability to concentrate</li> <li>• Can follow more complex instruction</li> <li>• Improved vocabulary and better grasp of language</li> <li>• Likes to reason or argue</li> <li>• Loves dramatic play and is more elaborate with fantasy play</li> <li>• Interested in cause and effect</li> <li>• Has basic understanding of time</li> </ul>	<ul style="list-style-type: none"> <li>• Runs well, gallops, skips, hops</li> <li>• Improved balance, can balance on one foot</li> <li>• Is now capable of more complex body coordination skills</li> </ul>
6-9 Years	<ul style="list-style-type: none"> <li>• Peer world is expanding and is more important to them</li> <li>• May compare themselves to others</li> <li>• May have a strong desire to do things well/right and be upset with failure</li> <li>• Find criticism difficult to handle</li> <li>• View things in very black and white terms (good or bad, right or wrong)</li> <li>• Continue to be self-centered</li> <li>• May be preoccupied with rules</li> </ul>	<ul style="list-style-type: none"> <li>• Though children at these ages aren't able to think and act like adults do, they do possess skills to understand and follow more complex instruction</li> <li>• Need concrete examples (detailed description or actual demonstration) with instruction</li> <li>• Increased attention span</li> </ul>	<ul style="list-style-type: none"> <li>• Good sense of balance</li> <li>• Fine motor skills are improving</li> <li>• Can catch and throw balls (ability improves with age)</li> <li>• Enjoys testing muscle strength</li> </ul>